

WELCOME TO BICYCLING!

Riding a bike is healthy and fun, but it also can be dangerous. Many bicyclists are involved in collisions with motor vehicles each year. By observing Missouri's bicycle law and by following certain other rules, your biking experience will be safer and more enjoyable.

WHAT THE "LAW" SAYS ABOUT BICYCLES AND BICYCLE RIDERS

Missouri has several laws related to riding a bicycle that were designed to protect you — the bicycle rider. These laws relate to the brakes, lights, reflectors, and operation of a bicycle on Missouri's roadways. Before you hit the road on your bike, you should be familiar with the laws of biking.

EQUIPMENT

A bicycle must be equipped with a brake or brakes that will enable its driver to stop the bicycle within 25 feet from a speed of 10 miles per hour on dry, level, clean pavement.

All bicycles ridden after dark must have the following:

- ▲ A white light mounted to the front of the bicycle or carried by the rider visible at 500 feet.
- ▲ A rear facing red reflector of at least two square inches or a red lamp visible at 600 feet.
- ▲ Reflective material and/or lights visible from the front and rear on any moving part of the bicycle's pedals or crank arms, or the bicyclist's shoes or lower legs, which can be seen at 200 feet.
- ▲ Reflective material and/or lights on each side of the bicycle or bicyclist visible at 300 feet.

OPERATION

Riding a bicycle on the sidewalk within a business district is prohibited; when riding a bicycle elsewhere upon a sidewalk, the bicycle rider shall yield the right-of-way to any pedestrian and shall give audible signal before over-

taking and passing any pedestrian.

Bicycle riders, when riding upon a street or highway, are granted all the rights and are subject to all traffic regulations applicable to drivers of motor vehicles, except those that by their very nature do not apply.

Here are some examples of what you, as a bicyclist, must do:

- ▲ Ride as near the right side of the roadway as is safe, exercising due care when passing a standing vehicle or one proceeding in the same direction; except when making a left turn, when the lane is too narrow to share with another vehicle, or when on a one-way street. Bicyclists may ride abreast when not impeding other vehicles.
- ▲ Obey all traffic signals and signs, the same as required of drivers of other vehicles.



STOP SIGN



NO BICYCLES



ONE-WAY SIGN



YIELD SIGN

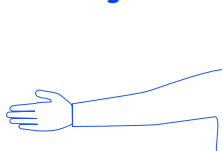


TRAFFIC LIGHTS



STOP

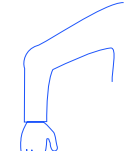
- ▲ Use hand signals whenever you plan to change directions, slow, or stop.



LEFT TURN



RIGHT TURN



SLOW OR STOP

- ▲ Left turn - extend left hand and arm parallel to the ground.
- ▲ Right turn - bend left arm upward at elbow forming a right angle to body.

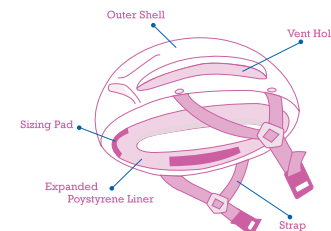
- ▲ Slow or stop - extend hand and arm downward toward the ground.

PENALTIES

Penalties for violations of this law range from not less than \$5 nor more than \$25 for people 17 years of age or older. For those under 17, a provision allows an officer witnessing a violation to impound the bicycle for a period not to exceed five days.

BICYCLE HELMETS

Although not required by state law, wearing a bicycle helmet while riding is one of the most important things you can do to protect yourself. Between 70-80 percent of fatal bicycle crashes involve head injuries. Statistics show that bicycle helmets are 85-88 percent effective in reducing total head and brain injuries. Every "approved" helmet contains a dense liner that crushes and absorbs most of the energy upon an impact during a bicycle collision. The straps and buckle keep the helmet secure during a crash. All parts of the helmet work together to help prevent injury.

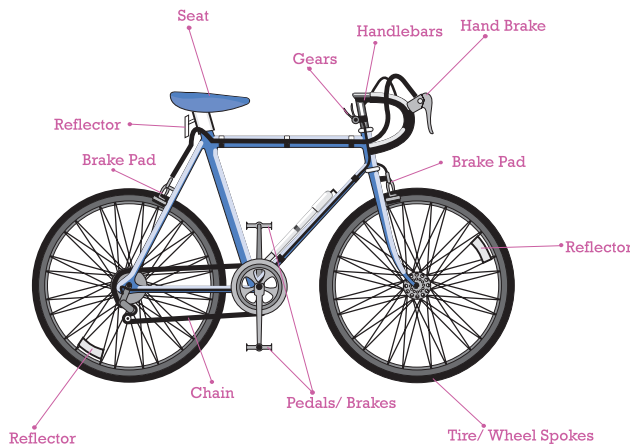


BICYCLE HELMET TIPS

1. Get the right sized helmet. They come in different sizes with each designed to fit a range of head shapes and sizes. Try various helmets on before buying to get the best fit.
2. Most helmets come with different sized foam pads to allow you to "fine tune" the helmet for your particular head. Use these sizing pads to form a snug yet comfortable fit.
3. Adjust and use the straps for a snug fit. The helmet should cover the top of the forehead and not rock back and forth or side to side.
4. Do not use paint, harsh cleaners, or solvents on your helmet as these chemicals may damage or weaken the liner. While it is designed to take knocks, excessive abuse can damage it. Follow the manufacturer's use and care instructions for your helmet.

SAFETY TIPS

- △ Never carry passengers.
- △ Walk your bike across busy intersections.
- △ Don't hitch rides on other vehicles.
- △ Give pedestrians the right-of-way.
- △ Use horn or bell to warn those who may not see you.
- △ Don't perform stunts on streets or sidewalks.
- △ Keep both hands on the handlebars except when signaling.
- △ Wear light-colored or reflective clothing when riding after dark.
- △ Keep your bicycle in safe condition.
- △ Always ride with caution and courtesy.



BICYCLE QUIZ

Now let's see what you remember of the preceding information on the bicycle laws and safety rules.

1. On what side of the roadway must a bicyclist ride?
2. When driving at night, from what distance must your bicycle's headlight be seen?
3. Who has the right-of-way: a pedestrian or a bicyclist?
4. When is it safe to carry a passenger?
5. What is the penalty for violating Missouri's bicycle law for a person 17 years of age or older?
6. Bicyclists should keep both hands on the handlebars except...?
7. What is the safest way to cross a busy intersection?
8. What type of clothing should be worn at night?
9. Describe the hand signal for a right turn?
10. What should you do when you ride up behind pedestrians?

ANSWERS

1. The right side.
2. Visible at 500 feet.
3. A pedestrian.
4. Never.
5. A fine not less than \$5 nor more than \$25.
6. Except when signaling.
7. By walking your bike across the intersection.
8. Light-colored or reflective clothing.
9. Bend left arm upward at elbow forming a right angle to body.
10. Give an audible signal to let them know you are preparing to pass.

**The contents of this brochure can be made available in alternate form for the sight impaired by contacting:
(573) 526-6110**

Emergency Assistance
1-800-525-5555 or cellular *55

Road Conditions:
1-800-222-6400



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